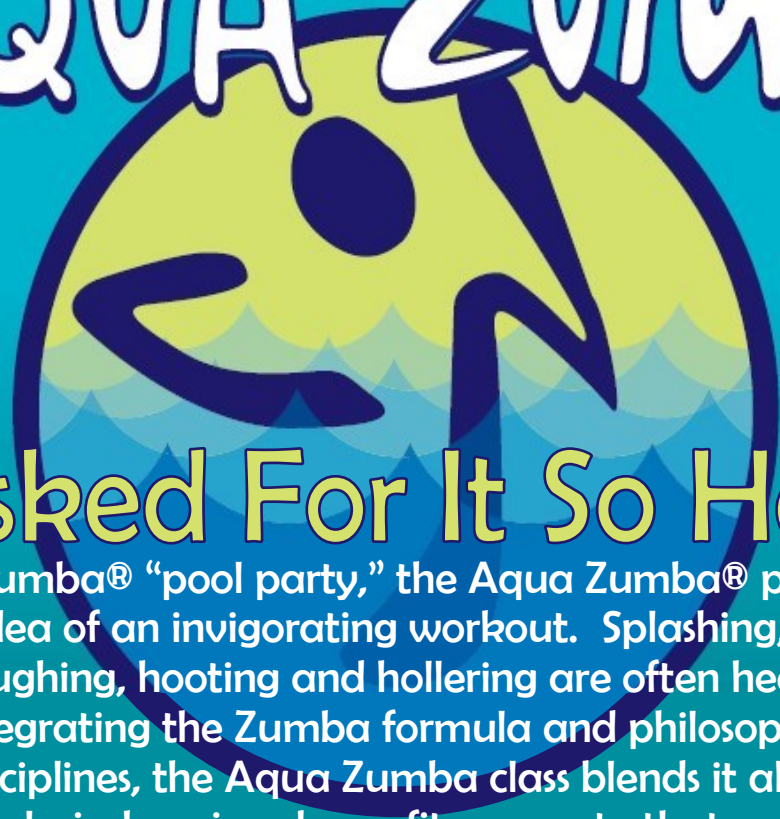


Starting Oct. 13th  
New Friday Class!

*Romulus*  
**RA** *thletic*  
*center*

# AQUA ZUMBA®



## You Asked For It So Here It Is!

Known as the Zumba® “pool party,” the Aqua Zumba® program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into an easy-to-follow, calorie-burning dance fitness party that makes working out a splash!

## Monday's & Friday's at 9:00am Tuesday's at 5:30pm with Rosa

Come join us for this safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief!

**AQUATIC FITNESS PUNCH PASSES ARE AVAILABLE!**

**MEMBERS**

10 VISIT PASS: \$40.00  
30 VISIT PASS: \$60.00  
FITNESS CLASS DROP-IN: \$5.00

**NON-MEMBERS**

10 VISIT PASS: \$60.00  
30 VISIT PASS: \$105.00  
FITNESS CLASS DROP-IN: \$9.00

\*MAY BE LIMITED DUE TO POOL SPACE. WATER SHOES RECOMMENDED.\*